



PSHE

Intent

Our goal is for children at Vale school to be able to live safe and healthy lives, now and in the future, including participation in safe and healthy relationships. We want our children to be prepared for life and work, where appropriate, in modern Britain. All our children will access Relationship and Sex Education at an appropriate level for their age, development and understanding. We want our children to live full and happy lives and PSHE will help equip them with the skills to thrive.

Implementation

All children follow a programme of PSHE study that is based on the PSHE Association's SEND Framework. The units are based around the following themes: Self-Awareness; Self-Care, Support and Safety; Managing Feelings; Changing and Growing; Healthy Lifestyles and The World I Live In. The framework ensures the children are following a programme of study that is aligned with the statutory programmes for PSHE and RSE in schools. Children following the emerging and functional curriculum learn about specific topics, whereas children following the engagement and sensory curriculum work more on the skills to allow them to stay safe, such as recognising a trusted adult or communicating a choice or preference in a manner appropriate to their need. In the engagement and sensory curriculum, skills and topics can be repeated more frequently as required to embed these crucial skills. Statutory relationships education is woven throughout the PSHE curriculum. However, specific sessions of Sex Education have been timetabled for KS4 children following the emerging and functional curriculum in the summer term. The content of these sessions is discussed with parents prior to teaching and parents have the option of opting out of some aspects of these sessions. The form to indicate this decision is included within the school's RSE Policy.

Impact

As a result of the provision above, children at Vale School will be the best they can be and:

- Keep healthy and well.
- Have good mental health.
- Form meaningful and healthy friendships and relationships
- Be part of their local and global community.

This is evidenced through: PSHE assessment data; observations and learning walks; PSP targets; identifying meeting of related EHCP outcomes and any other relevant methods.